

Meals-on-Wheels

Meals are delivered daily to adults with a severe permanent or temporary disability, who are homebound and incapable of basic meal preparation. Individuals, age 18-59, must be on a regular diet. Weekend and Kosher meals may be available in some cases. A donation of \$1.25 for each meal is suggested to assist in the cost of providing meals to individuals with disabilities who are in need of meal delivery.

For further information, please call:

Fiona Gavin: (201) 336-7383

Statewide Respite Care Program

Provides services to over-burdened caregivers who need an occasional break from the stressful demands by constant ministering to the needs of frail elderly and/or individuals with a disability. Services offered include: home care, social and medical day care, temporary nursing home stay, and both day and residential camp. Special consideration may be given for emergency respite services. Participates may be assessed on a sliding scale cost-share fee.

For further information and eligibility requirements contact:

Camillo Cruz: (201) 336-6511

Fonda Diamond-Levine: (201) 336-6503

Sabrina Garriss: (201) 336-6506

**The Bergen County Division of
Disability Services assists county
residents with disabilities to achieve
their full potential, realize their
involvement and inclusion in everyday
living, and promote community-based
independent living.**



James J. Tedesco, III
Bergen County Executive

**Bergen County
Board of Commissioners**

Department of Human Services
Melissa H. DeBartolo, Esq.
Department Director

Division of Disability Services
Anika S. Davis, Ed.S.
Division Director

County of Bergen
Department of Human Services

Division of Disability Services

Est. 1978



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Voice: (201) 336-6500

TTY: (201) 336-6505

*(Telephone Communication for the
Deaf and Hard of Hearing)*

Fax: (201) 336-6510

www.BergenCountyNJ.gov



Bergen County Disability Services
www.facebook.com/Bergencountydisabilityservices

Services

General Information and Assistance

Comprehensive resources and listings available on disability-related matters and requests for appropriate program and agency referrals. This service is available to private and public sector entities and the community at-large.

Americans with Disabilities Act (ADA) Assistance Project

Qualified individuals with disabilities are safeguarded against discrimination based on disability in employment, state and local government, public accommodations, telecommunications, and transportation. ADA-related information and assistance are provided, at no cost, to private and public sector entities and the general public.

Disability Resource Center:

A variety of Disability related publications are available, e.g., pamphlets, periodicals and catalogues on such topics as: demographics, legislative updates, advocacy groups, assistive-technology, federal and state civil rights laws, and basic data/research updates on specific disabilities.



Aging and Disability Resource Connection (ADRC)

A coordinated system to simplify access to health and human services for individuals with disabilities over the age of 18, their family members, and caregivers. Care Management services are available, as well as information and assistance with: PAAD, Lifeline, Medicare, Medicaid, referrals, nutrition, education, recreation, volunteer opportunities, health outreach, adult day care, benefits screening, in-home assistance, Meals-on-Wheels, respite, among others.

For further information, please call:

Daniel Kotkin: (201) 336-6504

Programs

All Abilities Adult Support Group Program

Three (3) sponsored support groups that meet weekly. Group functions include group discussions; activities geared to promote personal fitness; arts and crafts; ceramics; guest speakers; entertainment groups; trivia games; parties; and occasional leisure and recreational outings. The groups meet in the following municipalities: Maywood - Monday, Englewood-Friday, and Saturday. There is no fee to participate

For further information, please call:

Daniel Kotkin: (201) 336-6504

In-Home Caregiver Education and Support Program

Provides in-home professional instruction and support to caregivers entrusted with the responsibilities of caring for someone with a chronic illness, disability, or disease. As there are no income guidelines to qualify, the service is free to Bergen County residents who are over 18 years of age. Among the services available are a registered nurse, occupational, physical and speech therapists; nutritionists; and a social worker.

For further information, please call:

Daniel Kotkin: (201) 336-6504

Personal Assistance Services Program (PSAP)

Personal assistants provide up to 40 hours per week of services such as light housekeeping, shopping, meal preparation, bathing, dressing, correspondence and shopping for self-directed individuals aged 18-70 with permanent disabilities in the following categories: salaried employee, student pursuing education/training opportunities related to employment or a verifiable volunteering activity contributing 20 hours or more a month.

For further information, please call:

Liliana Zorrilla: (201) 336-6508

Anna Alpine: (201) 336-6502