

This FREE program strengthens older adults' ability to remain independent by offering assistance with their day-to-day financial management needs, including bill paying, budgeting, or keeping up with the mail. Volunteers are matched with older adults to work together one-on-one and can meet you where you are or either in your home or a community space.

I have piles of unopened mail since my stay at the hospital and feel overwhelmed My hands are shaky and making out checks has become difficult











201-530-6756

We provide services through support of Bergen County Division of Senior Services at no cost to eligible clients. In order to be eligible, participants must be Bergen County residents, age 60 or older.





About the Program

Through Senior Checks, participants are matched by the program social worker with trained volunteers who help with household finances - from bill paying to mail sorting. Our vetted volunteers work one-on-one with their assigned older adults and are continuously monitored by the program staff. We're familiar with various financial tools to help you with your needs.

Senior Checks is a program of The Bright Side Family, a 501(c)(3) nonprofit, and receives funding support through the Bergen County Division of Senior Services.

Get in touch today!

Our Services

- Bill Organization & Payment
- Mail Sorting
- Check Preparation
- **Oheckbook Balancing**
- Online Payment Set Up
- Budgeting
- Forms & Paperwork
- Resources & Referrals

We Do Not

- × Sign Checks
- × Make Financial Decisions
- × Control Client Finances
- × Work without Supervision

For Free Sign Up, Contact



201-530-6756

seniorchecks@agefriendlyteaneck.org



Participants must be Bergen County residents, age 60 or older, who can't afford commercial bill-paying services